

**QUESTIONS FOR *TEENS*  
TO HELP IMPROVE STUDYING AT HOME**

Do you set aside a specific time for studying each course you are taking? Y N

Do you usually study in the same place every day? Y N

When you study, do you take a break every 30 to 45 minutes? Y N

Do you know *your* best time of day to study? Y N

Do you turn class assignments in on time? Y N

Do you organize all your materials before going to bed? Y N

Do you keep a record of your grades? Y N

Is your notebook organized by subject and kept neat? Y N

If you are having academic problems, do you ask for help? Y N

Do you take notes from your reading assignments using key words and phrases?  
(Hint: the words and phrases in **BOLD** in your text are important!) Y N

Do you review class material on a regular basis? Y N

Do you use more than one method while studying? Y N

*What would you like to see happen?*

**QUESTIONS FOR PARENTS  
TO HELP THEIR TEENS STUDY AT HOME**

Have you helped your teen create a regular place to study that is free of distractions? Y N

Do you keep an eye on your teen's study schedule and daily planner? Y N

Does your teen stay on task and use time efficiently? Y N

Do you help your teen review for tests? Y N

Do you check to see that all study and homework jobs are neat, complete and organized for school the next day? Y N

Do you regularly discuss school progress with your teen without nagging? Y N

Do you attend Back to School Nights and Open Houses to meet teachers and learn important information about class and homework? Y N

Do you regularly check online grades and look at teachers' websites? Y N

Do you genuinely praise your teen when you see hard work or improvement? Y N

Do you offer support or help in terms of getting a tutor? Y N

*What would you like to see happen?*